

Attention Parent/Guardian,

Your son has been selected to participate in the Cornell Southern Tier Invitational in Ithaca, NY on Saturday, January 8th 2011. We will be traveling by charter bus to the meet . We will travel to the meet via Brown's Coach Bus. If you have any questions, please e-mail me at dstadtlander@ncolonie.org. If you need to reach me on you can call my cell phone at 334-2060. Leave me a voice mail if you can't reach me directly. **The cost per athletes will be \$20 in the form of a check made out to the Shaker All Sports Booster Club.**

Since this is a long day I would suggest that athletes bring either money to purchase food (we will stop on the way back on Saturday) or enough food for the weekend. I will provide the usual water, bagels, peanut butter/jelly and fruit. Please do not leave and valuables unattended at any time. (examples: iPods, PSP's, phones, expensive jackets, jewelry, etc.). I would suggest bringing a folding chair and some school work or a book to help pass the down time.

Please make sure your son wears their complete Shaker uniform and running shoes (shorts, singlets and warm-ups).

Permission Slip

Please detach and return to coach Stadtlander. I give my permission for my son _____ to travel and compete in the Southern Tier Invitational. I understand that all training rules as stated in the North Colonie Code of Conduct will be in effect, and failure to comply with these rules means they will not compete at Cornell and will be ineligible for any further indoor track trips. I also understand that athletes are responsible for all personal belongings that they bring with them.

Trip Cancellation Policy

It is understood and agreed that should this trip be canceled by circumstances beyond the control of the North Colonie Central School District, or for other reasons considered good and reasonable by the Superintendent of Schools, whose opinion shall be final and binding, that the school district shall be responsible to return only that portion of trip costs and fees which it can recover from any travel agents, airlines, hotels, etc. and will not be responsible for any other refund or recompense.

Date _____

Parent/Guardian Signature _____

Phone Number where I can reach you during the day should the need arise.

Saturday, January 8th

5:00AM-Arrive at Shaker for attendance

5:15AM-Depart for Cornell University in Ithaca, NY

9:00AM-Meet begins

6:00PM-Approximate end of meet and departure for home with stop for food

9:00-10:00PM Arrive back at Shaker

*The high school will not be open when we depart or return so all athletes should have all necessary belongings (uniforms, sneakers, equipment, books, etc) with them when they leave school on Friday.