

Attention Parent/Guardian,

Your son has qualified to participate in the Yale Invitational the weekend of January 15th and 16th 2010. We will be traveling by charter bus to the meet. We will travel to the meet via Brown's Coach Bus. If you have any questions, please e-mail me at dstadtlander@ncolonie.org. If you need to reach me on you can call my cell phone at 334-2060. Leave me a voice mail if you can't reach me directly. **The cost per athletes will be \$50 in the form of a check made out to the Shaker All Sports Booster Club.**

We will be staying at the
Clarion Hotel and Suites
2260 Whitney Ave
Hamden, CT 06518
203-288-3831

Since this is a long weekend I would suggest that athletes bring either money to purchase food (we will stop on the way back on Saturday) or enough food for the weekend. I will provide the usual water, bagels, peanut butter/jelly and fruit. Please do not leave and valuables unattended at any time. (examples: iPods, PSP's, phones, expensive jackets, jewelry, etc.). I would suggest bringing a folding chair and some school work or a book to help pass the down time.

Please make sure your son wears their complete Shaker uniform and running shoes (shorts, singlets and warm-ups).

Permission Slip

Please detach and return to coach Stadtlander. I give my permission for my son _____ to travel and compete in the Yale Invitational. I understand that all training rules as stated in the North Colonie Code of Conduct will be in effect, and failure to comply with these rules means they will not compete at Yale and will be ineligible for any further indoor track trips. I also understand that athletes are responsible for all personal belongings that they bring with them.

Trip Cancellation Policy

It is understood and agreed that should this trip be canceled by circumstances beyond the control of the North Colonie Central School District, or for other reasons considered good and reasonable by the Superintendent of Schools, whose opinion shall be final and binding, that the school district shall be responsible to return only that portion of trip costs and fees which it can recover from any travel agents, airlines, hotels, etc. and will not be responsible for any other refund or recompense.

Date _____

Parent/Guardian Signature _____

Phone Number where I can reach you during the day should the need arise.

Itinerary:

Friday, January 15, 2010

1:26PM (Dismiss after 6th Period): Board bus for attendance.

1:45PM: Depart for New Haven CT

4:45PM: Arrive at hotel for check in

5:30PM Depart hotel for Coxe Cage on the campus of Yale University

6:00PM Arrive at Coxe Cage

7:20PM Championship DMR

8:00PM Board bus and return to hotel.

8:15-10:00PM Dinner at the hotel with lights out at 10:00PM

Saturday, January 16, 2010

6:00AM Wake Up Call for all athletes competing in the section 6-12 of the 3000m run.

6:45AM Depart for Coxe Cage

7:00AM Arrive at Coxe Cage

7:50AM First section of 3000m (section 12)

9:00AM Wake up call for all remaining athletes

10:00AM Second bus departs for Coxe Cage with all remaining athletes

7:00PM Meet ends

7:15PM Board bus for return to Shaker with stop for dinner.

10:00-11:00PM Arrive at Shaker